

# The Non-Blonde

A 30-something woman with a Mediterranean complexion and very long hair talks about beauty products, fragrance and fashion.

Monday, December 04, 2006

## Berries, Butter and a Giveaway



The good news is that [Maryam's hand made shea monoi whipped body butter](#) is an exceptional treat. And that's an understatement. It is far superior to other, way more expensive products. I can't believe that I'm writing this, but my beloved Korres body butter doesn't measure up and neither do Bliss or Fresh products. The texture is phenomenal. It sinks right into the skin, nourishing and softening it. My super dry winter skin has never felt so soft.

The all-natural ingredients include: shea butter, monoi de tahiti oil (that's the stuff in Nars' Monoi body oil), cocoa butter, sweet almond oil, goat milk, vitamin E and silk fibers. No wonder that the results are so good.

The bad news is that the tub I have is in the pomegranate and wildberries scent. I'm not a fan of red fruit scents, and this one is very berry, and the scent is so strong that it refused to leave my skin the next day and clung to my jeans. A berry lover would rejoice with something like this. I don't. I'll have to get myself a tub of one of the more delicate fragrances. And probably also the unscented one. And I'd go straight for the large size (16 oz), because it's that good. But I can't deal with this fruitiness.

However, my loss is your gain. I'll do a giveaway. Leave a comment if you're berry-friendly and want to be part of the drawing. Next week one of you will get this 8 oz tub of body butter.

## Labels: [bath and body](#), [giveaway](#), [Maryam's Soap Nook](#)

posted by The non-blonde at 6:26 PM 4 comments [links to this post](#)

Wednesday, November 29, 2006



I'm happy to report that my fight against winter alligator skin is going well, so far. And I just discovered another product that helps a lot. [Maryam's shea butter and Dead Sea salt Glow Scrub](#) is the ideal exfoliator in my book.

The salt does the work it's supposed to do, and the base of shea butter, camellia oil, olive oil, sweet almond oil, jojoba oil, avocado oil, vegetable glycerin and vitamin E is great for softening the skin and keeping it

moisturized. It is by far superior to most similar products I've tried, probably because of the high shea butter content.

I've been using it in the shower for the last few days, and can report that my skin needed much less moisturizing after that- it didn't soak up the same amounts of body butter that it usually does, and it has become softer and smoother than before. The scent I tried is Lemongrass, Lime and Ginger. It's quite strong but not unpleasant, stayed on the skin after washing but gave away to my body butter.

It's a winner product, with the added appeal of being made completely of natural ingredients. Like all of Maryam's products it's hand made and the packaging is functional and simple.

Labels: [bath and body](#), [Maryam's Soap Nook](#), [scrubs and exfoliators](#)

posted by The non-blonde at 7:38 PM 0 comments [links to this post](#)

Thursday, November 23, 2006

## Crunchy



Hand made, all-natural products have a certain charm. They're rustic, crunchy



and have an authentic appeal. One line that offers a wide range of such treats is [Maryam's Soap Nook](#). Maryam's passion for healthy, natural products to use on her daughter has gotten her into soap-making and aromatherapy.

The products come in generous, simple packaging and in many different scents.

Naturally, many of them are very fruity and would appeal to those who like strong, straightforward foody fragrances. The ingredients are fresh oils and extracts, shea butter and Dead Sea salts.

I found the [Japanese Camellia body oil](#) to be of special interest. It was too thin for my alligator winter skin to work as a body moisturizer, but it's a very pleasant massage oil. The Yuzu (Japanese citrus) scent is fresh and invigorating. I wonder how it would work as a bath oil.

Labels: [bath and body](#), [Maryam's Soap Nook](#)

posted by The non-blonde at 12:14 AM 0 comments [links to this post](#)

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